

VIDEO DOT GUIDE

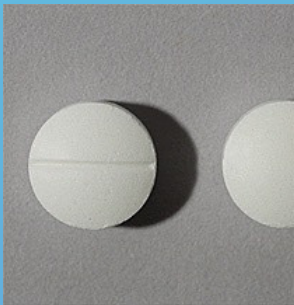
Match your medication to the name and photograph before recording your video. This makes it easier for you to list and identify while recording.



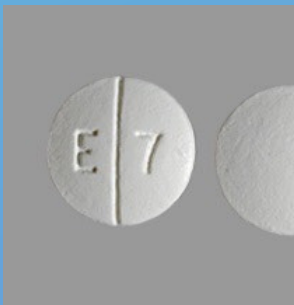
ISONIAZID (INH)
300MG



RIFAMPIN
300MG



B6
50MG



ETHAMBUTOL (EMB)
400 MG



PYRAZINAMIDE (PZA)
500MG

Patient VDOT Instruction

1. Gather medications, water, and cell phone and move to a well-lit location to prepare to record the video. Water must be in a clear see-through container.
2. Turn on the cell phone and place it in a horizontal position. It must be in this position to record.
3. Press the VDOT icon on the phone, and then press record when the application opens. You must be able to clearly see your face after record is pressed.
4. If you can see your face, then press the green button in the top right corner and recording will begin.
5. Say your patient ID # and how many pills you will be taking.
6. Hold up your first pill in front of the camera and say the name of the pill.
7. Swallow the pill with water, and open your mouth in front of the camera so that the observer can see that no pills are present.
8. Repeat steps 6 and 7 until all pills are taken.
9. After your last pill is taken, state the next time you will take your pills.
10. Press the red button in the top right corner to stop recording, and video will be automatically sent to the DOT monitor (PHN/outreach worker).