Patient Guide on Community Respiratory Precautions

Patient Name:	DOB: / /
Health Department:	Case Manager:
How to contact Health Dept./Case Manager:	
Week:	Date:
The health department will then review your	ek (fill out highlighted/bolded information). plan with you for this week and provide guidance. I you are off Respiratory Restrictions.
Where I plan on staying (where I will be sleeping	the next week:
Places I plan on going to in the next week include The health department will review these with you	
Work:	
Not safe to work in person: Date s Okay with mask: date: Safe to return to work without ma Other instructions:	
School:	
Not safe to return in person: Date Safe to return to school: Date:	start: Date End:
Activities/other places:	
Which ones are safe without mask Okay with mask: No recommended (until off Respire	
Transportation/Travel plans:	
Public health input:	

The following are my questions for the health department regarding respiratory precautions and what		
I can do to help decrease the risk of spreading TB to others:		
Health department answers:		
Additional comments:		

For Health department to fill

(check boxes that apply for this week)

Extensive: Date start: Moderate: Date start: Mask for the following locations:	Date end: Date end:
	Date end.
None: Date Start:	
Other ways to help decrease the risk of spread	ing the TB germ to others include:
Wearing a mask that covers my nose a	and mouth when sharing airspace with people in locations
outside of my home including:	
Visitors should not go inside the place Restrictions.	that I am living until I am no longer on Respiratory
Outside activities are safe. I can visit w	rith friends and family outside.
to prevent the development of TB dise	can be tested and if infected, they can receive treatment ease. Children under 5 years of age and
	ers should be seen immediately. They may be started on
medication to prevent rapid disease p	_
	ed is the best way to prevent spreading TB to other people o is to keep windows open while on Respiratory
	uses or air travel) until cleared to do so by the health
If I need to drive with other people wh	nile on Respiratory Restrictions, I should wear a mask over
(not recirculating).	at with the back windows open, and the air should be on
Other:	
that the TB germ could spread to other perspreading the TB germ to other people is blasts months, effective TB treatment work others. Most people are no longer infection A few people might need to remain on lindrug resistant TB, or where they live or work to treatment and update my Respiratory F	tuberculosis (TB) in the lungs. I have also been informed cople that I share airspace with. The best way to prevent by taking TB treatment as prescribed. While TB treatment iks quickly to decrease risk of spreading the TB germ to bus after one or two weeks of appropriate TB treatment. Imited precautions depending on the extent of disease, ork. The health department staff will follow my response Restrictions weekly. I understand that if I stop taking my time, I may have to go back onto Respiratory Restrictions.
Patient Signature:	Date:

Date: